

Central Mountain Intergroup Meeting Minutes

8/13/2026 3900 E. Western Dr. Suite C
Cottonwood, AZ 86326 (928) 646-9428

Chair Diane Mc called meeting to order at 7:05 pm; Opened with Serenity Prayer

Attendance: Chair-Diane Mc- IGR Women's Heart to Heart Group; Alternate Chair-Sue M- IGR As Bill Sees It-Sun AM Sedona; Stephanie M-CMI Secretary - IGR Lunch Bunch Cottonwood; Mike C-Literature-IGR Two Alternatives Cottonwood; Nancy J-Treasurer & Office Coordinator; Tammy F-Phone Coordinator & Meeting List Coordinator; Janele J – new Office Volunteer

Initially, we questioned whether the meeting could proceed because, under the CMIC bylaws, there were not enough Committee Chairs present for a quorum. Nancy J and Tammy F are each serving in two chair roles, and we thank them for their service; however, each may vote only once on a motion. Our new office volunteer, Janele J, arrived a little late and agreed to stand for the CPC/PI Chair position, giving us the quorum needed to conduct business. Thank you for your service Janele.

Secretary Stephanie M read the CMI meeting minutes from the previous month, July 9, 2026. Nancy J noted that references to the Alano Club and Stutz Bearcat were outside issues and should be removed from the minutes. She also said the reference to the web server should be removed and that, when reporting, only first names and last initials should be used. Stephanie will make necessary corrections and resend amended July 9, 2026 meeting minutes. Tammy F motioned to accept amended minutes; Mike C seconded; motion passed.

Treasurer Nancy J read July's Treasurer's Report; contributions are up and we are currently operating in the black; we have new lights and new air vents - thank you Mike C for installing them; Sue M - motion to accept report as read; Janele seconded; motion passed Old Business: Reports:

Office Coordinator Nancy J reports that all office shifts Mon-Fri, Noon - 4pm are filled Phone Coordinator and Meeting

List Coordinator - Tammy F reports that there are several overnight shifts needing coverage: T, Sat, and Sun all 10pm-6am; and Monday 6am - Noon. New meeting schedules are out, including most of the recent changes and new meeting locations. Please pick up copies to take back to your groups.

Web Servant Chris D was absent. Nancy will send the new meeting changes and locations to Chris so he can update the website. She will also ask him to remove the Quarterly Birthday Meeting because there is no Activities Chair and participation has been low. Discussion was tabled for now.

Literature Chair Mike C reported that CMI had only four large-print Big Books remaining and is now out of stock. Because each case contains 20 books, he is trying to keep inventory low while waiting for the Fifth Edition Big Book to be released. He will speak with Treasurer Nancy J about ordering more books and placing an order for sobriety chips.

Chair Diane reported that several CMI chair positions remain open, including The Buzz Newsletter, Activities, Office Coordinator, Phone Coordinator, and CMI Liaison. Committee members and IGRs are asked to please announce these openings at each meeting they attend and to please encourage home group members to consider serving. These positions are valuable service opportunities. Anyone interested may call the office for more information or attend a CMI meeting, held on the second Thursday of each month from 7:00 to 8:00 p.m. at the office.

New Business:

Stephanie M mentioned Mike Mc is interested in the Activities Chair and we discussed some ideas for activities: Game Night at the Club, Pickleball Tournament, Bowling Tournament, Dance; tabled for now because Mike Mc is not present.

Nancy J said someone asked whether the Central Office could be open on Saturdays. She explained that this had been tried several times before without success. After discussion, the consensus was not to open on Saturdays at this time. The person should send someone during regular weekday office hours to pick up literature and chips for their group. Mike made a motion to table the matter; it was seconded and passed. Sue M asked whether a flyer could be created to list all open CMI Chair positions, including sobriety requirements, responsibility descriptions, the CMI meeting day and time, and a map to the office. The flyer would be posted at meeting locations throughout the Verde Valley. All agreed, and Stephanie volunteered to complete it before the next meeting.

Closed the meeting with the Responsibility Prayer at 7:08pm

Dates to remember:

October 12, 2026 – Sub District 14-141 All District meeting - Camp Verde, AZ

December 4-6, 2026 – Pacific Regional Forum in San Diego

Next Month's Meeting: Thursday September 10, 2026

Respectfully submitted, Stephanie M

Group Contribution Mailing Addresses:

% only suggestion

General Service Office | P.O. Box 2407, James A Farley Station, N.Y., N.Y. 10116-2407 30% (NEW) Area O
Committee | 3661 N Campbell Ave #605 Tucson AZ 85719 10%
District 14-141 | P.O. Box 708, Sedona, AZ 86339 10% Centra
Mountain Intergroup | P.O. Box 1125, Cottonwood, AZ 86326 50%
CMI H&I Committee | P.O. Box 1168, Cottonwood, Az 86326

Treasurer's Report for August 2026

Group & Individual Contributions:

Tues. Night Trad. BB Study	Clarkdale	\$400.00
Chrysalis Womens Group	Sedona	\$208.50
Anonymous		\$500.00
The Eye Opener	Cottonwood	\$72.50
Rule 62	Sedona	\$500.00
Camp Verde AA	Camp Verde	\$700.00
Womens A Vision For You	Cottonwood	\$10.00
		\$2,391.00
Chip sales		\$54.00
Literature Sales:		\$549.50
Total Income:		\$2,994.50
Expenses:		
Mark Taylor	August (Office Rent)	\$500.00
APS	Utilities (6-16 thru 7-17)	\$60.96
Sparklight	Phone & Internet (7-30 thru 8-29)	\$122.42
The Print Hub	Printing of Meeting list & Bi-Laws	\$206.51
Home Depot	Purchased Fire Extinguisher for Office	\$60.38
Total Expenses		\$950.27
NET		\$2,044.23
Checking as of August 1		\$3,411.39
Transfer from Savings		
Checking as of August 31		\$5,455.62
Savings Acct:		
Beginning Balance		\$9,070.74
To Set Aside Account	Intergroup Liaison (\$786.01)	(\$786.01)
To Set Aside Account	Activities (\$201.87)	(\$201.87)
Interest to savings		\$0.08
Total in Savings Account		\$8,082.94
Prudent Reserve per By-Laws:		\$8,000.00
Set Aside Accounts (SSA):		
Intergroup Liaison	\$2,000.00	
Activities Chair	\$200.00	
Total in SSA:	\$2,200.00	
Actual PR Balance:		\$8,000.00
Over/(Under) desired PR after SAA:		\$0.62