

Central Mountain Intergroup Meeting Minutes
3900 E. Western Dr. Suite C Cottonwood, AZ 86326
(928) 646-9428

Th July 9, 2026

Chair Diane Mc called meeting to order at 7:00 pm, Opened meeting with Serenity Prayer

Attendance: Chair-Diane Mc- IGR Women's Heart to Heart Group; Alternate Chair-Sue M- IGR As Bill Sees It-Sun AM Sedona; Nancy J -Office Coordinator and Treasurer; Chris D – Web Servant; Bill R- IGR Camp Verde; Stephanie M-CMI Secretary- IGR Lunch Bunch Cottonwood; Mike C-Literature-IGR Two Alternatives Cottonwood; Diane R- Happy Hour Group Cottonwood; Barbara N-Acceptance Group Sedona; Janele-Women's Heart to Heart Group Cottonwood

Secretary Stephanie M read the CMI meeting minutes from June 11, 2026. Tammy - Motion to accept minutes, after deleting comments from Alt Chair - Sue M; deleting comments about website server; and deleting the last name of John R- the website Zoom meeting Manager; Mike C – seconded; motion passed

Treasurer Nancy J read June Treasurer's Report; Bill - motion to accept report as read; Sue M seconded; motion passed

Old Business: Reports:

Chair Diane reminded members to keep announcing the open CMI chair positions: CPC/PI, Buzz Newsletter, Activities, Intergroup Liaison, and Treasurer. Barbara N. asked about the CPC/PI chair's responsibilities. Chris explained that CPC/PI stands for Public Information and Cooperation with the Professional Community. He said Camp Verde is fairly well covered, but his wife, Bo, has a list of locations throughout the Verde Valley where schedules and pamphlets can be distributed. Anyone interested should see him after the meeting. Stephanie added that the Area 03 CPC/PI Chair is asking districts to host workshops and said she would email everyone the Area 03 newsletter with contact information and state-level updates.

Office Coordinator Nancy reported that Friday noon to 4 pm shift is open. Janele is interested in covering it, and Nancy will meet with her later to review the responsibilities.

Phone Coordinator & Meeting List Coordinator Tammy Absent - Nancy reporting for her: Th 4-10 pm shift open; Please call the office or talk to Tammy if you are interested in volunteering to answer the phone after office hours; New meeting schedules will be coming out August 1; 500 copies will be printed; please let her know about any changes.

Literature Chair Mike C. reported that he ordered more Grapevine books, including *One Big Tent*, *Emotional Sobriety*, and *Happy, Joyous, and Free*. He is allowing the Big Book supply

to run low so CMI can place a \$500 order and qualify for free shipping. The new Fifth Edition of the Big Book is expected to be released in late fall, sometime before Christmas.

Web Servant Chris D. reported that he learned a few hours before the meeting that the website was down and said he would investigate. He has posted all meeting changes and will post the CMI open chair positions in the same place he usually posts the Buzz once the site is back up.

New Business: IGR Reports:

Diane Mc reported that Women's Heart to Heart Group will be sending a donation to CMI late this month

Sue M – status quo, nothing to report from As Bill Sees It - Sedona

Bill R reported that The Camp Verde Annual Picnic at the River on June 13, 2026 had good attendance and was a blast! Next year we'll get closer to the river where there are less mosquitoes! Annual Pancake Breakfast coming up soon, July 11, 2026 @ 10 am.

Stephanie reported Lunch Bunch same, good attendance of newcomers and visitors

Group Discussion about Gratitude Dinner being revived this year at Thanksgiving

Chris mentioned he received an email asking about a Young People's Fifth Dimension Zoom meeting; John R is the person to contact for that list; Chris motioned to close meeting early; seconded and passed

Dates to remember:

July 31- August 2, 2026 - Area 03 Convention - Flagstaff, AZ

August 14-16, 2026 – Area 03 August Assembly – Crown Plaza – Phoenix Airport

October 12, 2026 – Sub District 14-141 All District meeting - Camp Verde, AZ

December 4-6, 2026 – Pacific Regional Forum in San Diego

Next month's meeting will be Th August 13, 2026

Closed Meeting with Responsibility Prayer at 7:50 pm

Respectfully submitted, Stephanie M

Central Mountain Intergroup		
Treasurer's Report for July 2026		
Group & Individual Contributions:		
Keep Coming Back	Cottonwood	\$25.00
Sedona Reflections	Sedona	\$185.00
Sisters of the Red Rock	Sedona	\$100.00
Stay For It	Sedona	\$272.75
Women's Club	Cottonwood	\$gg.00
As Bill See's It	Sedona	\$100.00
Heart to Heart Women's	Cottonwood	\$50.00
Sedona Acceptance	Sedona	\$318.49
Sedona Men's Solution	Sedona	\$128.00
Lunch Bunch	Cottonwood	\$50.00
upon Awakening	Sedona	\$600.00
		\$1,868.24
Chip sales		\$55.00
Literature Sales:		\$178.00
Total Income:		\$2,101.24
Expenses:		
Mark Taylor	July office Rent	\$500.00
APS	Utilities (4-15 thru 6-15)	\$69.03
Sparklight	Phone & Internet (6-30 thru 7-29)	\$122.28
Dollar General	Office supplies (Receipt book)	
Home Depot	Light bulbs-\$94.39 & Air vent fliters \$14.64	\$109.03
Fry'S	Water for office	
Latest Things	Chip purchase	\$49.52
Total Expenses		\$863.81
NET		\$1,237.43
Checking as of June 30		\$2,173.96
Transfer from Savings		
Checking as of July 31		\$3,411.39
Savings Acct;		
Beginning Balance		\$9,070.43
To Set Aside Account	Integroup Liaison (\$786.01)	(\$786.01)
To Set Aside Account	Activities (\$201.87)	(\$201.87)
Interest to savings		\$0.08
Total in Savings Account		\$8,082.63
Prudent Reserve per By-Laws:		\$8,000.00
Set Aside Accounts (SSA):		
Intergroup Liaison		\$2,000.00

Activities Chair	\$200.00	
Total in SSA:	\$2,200.00	
Actual PR Balance:		\$8,000.00
Over/(Under) desired PR after SAA:		\$0.62