

# Verde Valley Buzz...

The official newsletter of the Central Mountain Intergroup  
Serving the Verde Valley and Northern Arizona  
3900 E. Western Drive Suite C, Cottonwood, AZ 86326  
Open Monday through Friday noon to 4:00 PM  
928-646-9428 | [www.centralmountain.org](http://www.centralmountain.org)



**April 2025**

## Step, Tradition (The Long Form), and Concept of the month

Step 4. Made a searching and fearless moral inventory of ourselves.

Tradition 4. With respect to its own affairs, each A.A. group should be responsible to no other authority than its own conscience. But when its plans concern the welfare of neighboring groups also, those groups ought to be consulted. And no group, regional committee, or individual should ever take any action that might greatly affect A.A. as a whole without conferring with the trustees of the General Service Board. On such issues our common welfare is paramount.

Concept 4. At all responsible levels, we ought to maintain a traditional "Right of Participation," allowing a voting representation in reasonable proportion to the responsibility that each must discharge.

## Traditions Checklist from the AA Grapevine

**Tradition Four: Each group should be autonomous except in matters affecting other groups or AA as a whole.**

1. Do I insist that there are only a few *right* ways of doing things in AA?
2. Does my group always consider the welfare of the rest of AA? Of nearby groups? Of Loners in Alaska? Of Internationalists miles from port? Of a group in Rome or El Salvador?
3. Do I put down other members' behavior when it is different from mine, or do I learn from it?
4. Do I always bear in mind that, to those outsiders who know I am in AA, I may to some extent represent our entire beloved Fellowship?
5. Am I willing to help a newcomer go to any lengths—his lengths, not mine—to stay sober?
6. Do I share my knowledge of AA tools with other members who may not have heard of them?

## Upcoming Events

Bingo! Hosted by Central Mountain Intergroup | Saturday, April 26<sup>th</sup> 3:00 PM – 6:00 PM.  
Verde Valley Alano Club 1309 E Cherry St, Cottonwood, AZ

CMI Quarterly Birthday Meeting | Sunday, June 29<sup>th</sup> 2:00 PM – 3:00 PM Cake, Pizza, and Sobriety Chips.  
Verde Valley Alano Club 1309 E Cherry St, Cottonwood, AZ

Sub-District 14-141 Picnic | Sunday, April 13<sup>th</sup> 11:00 AM to 1:00 PM. River front park, Cottonwood.

Sub-District 14-141 Monthly Meeting | 2<sup>nd</sup> Monday @ 7:00 PM 3900 E. Western Dr, Suite C

CM Intergroup Monthly Meeting | 2<sup>nd</sup> Thursday @ 7:00 PM 3900 E. Western Dr. Suite C

Central Mountain Intergroup  
March 13, 2025  
Meeting Minutes

The meeting was called to order at 7:00 p.m. by Zach S., Chair followed by the Serenity Prayer. Those present included Mike C., Two Alternatives IGR; Terry M., Web Servant; Zach S., Chair; Emily C., Secretary; Sean B, Intergroup Liaison; Jeremy H., Literature; Mike M., Eye Opener IGR; Nancy J, Treasurer; Krystin W, Activities; Sue M, As Bill Sees It IGL;

**Secretary's Report-** Emily read the February 13, 2025 minutes. Motion was made, seconded and carried to accept as corrected to note that the Buzz's printing was \$0.42 not the meeting lists'.

**Treasurer's Report-** Nancy present. The February Buzz printed the January Treasurer's Report instead of the February report. We did not pass the February Treasurer's report. Nancy looked into the source of the \$320 contribution from the Stutz Bearcat Alcathon and was told that all of that money came from A.A. meetings.

**Chair-** Zach present. No report.

**Alt-Chair-** Chris D. not present. No report.

**Liaison-** Sean has panel topics for us to discuss in new business.

**CPC/PI-** Position open. No report.

**Office Coordinator-** Nancy reported that the Friday noon to 4:00 office shift will be open in April.

**Phone Coordinator-** Tammy not present. No report.

**Buzz-** Chris not present. No report.

**Literature-** Jeremy reported that all the literature is well stocked.

**Web Servant-** Terry reported that all is well with the website.

**Meeting List Coordinator-** Mike D. not present. No report.

**Activities Coordinator-** Krystin reported that the March Birthday meeting will be hosted by the Stutz As Bill Sees It meeting on Sunday, March 30<sup>th</sup> at 2:00 p.m. There will be another Bingo event on Saturday, April 26<sup>th</sup> from 3:00-7:00 at the Alano Club.

**Intergroup Representative Reports:**

Two Alternatives- Mike C. present. No report.

Eye Opener- Mike M. reported that the group has a healthy 7<sup>th</sup> Tradition. They're beginning to be able to fund their GSR.

**Old Business**

- Elections:
  - o No one volunteered to run for the CPC/PI position.
  - o Allegra printing sold their business to a new printer. The new name of the business is "The Print Hub". Mike C. got bids from the new printer for the Buzz, fliers, and meeting lists. A motion was made, seconded, and carried to approve "The Print Hub" for the Buzz and the meeting lists. Sean B. will print our fliers.
  - o There is a new CMI Officer's phone list on the wall at the office.

**New Business**

- The Buzz was printed in color. It was motioned, seconded, and passed not to print in color but to have a color version
- online.
- The Gratitude Potluck event was tabled.
- Do we want to have someone proofread the Buzz? Probably a good idea.
- Sean presented the panel topics assigned to CMI
  - o B-3. New PSA's. We thought that new ones were probably in order.
  - o Item K. Consider a request to update Living Sober. Thought that considering a request was ok but not sure about the new 'woke' language.
  - o Item G. Include any new awards A.A.'s received in Appendix IV along with the Lasker Award. Include the full text of the Lasker Award as written in A.A. Comes of Age. We didn't really care either way about this.
  - o Item B. Expand Article 3 in the current Conference Charter to include all of the founder's writings. We thought this was a good idea.
  - o Item E. Update Appendix IV to include any new awards A.A. has received. We didn't like this because it was vague and poorly written.
  - o Item F. Remove "...The group may decline to hear the GSR report...." from the Area 03 Handbook. We had no opinion.
  - o Item J. Consider request to add the Concepts text from the back of the Service Manual to the 12x12. There was no information on how this was to be done- a 12x12x12 or a 12x12 and a new book? We didn't know. We were split in half- some thought the Concepts were too complicated and boring to matter. Some thought that if they were in a new version of the 12x12 then maybe people would read them.

The meeting was adjourned at 8:10 p.m. with the Responsibility Declaration.

Yours in service.....Emily C.

**Save the date:**

- March 17 All-District meeting in Camp Verde. 435 S. Main St. in the kitchen. Food at 6:00. Meeting at 6:30.
- April 4-6 Pre-Conference Assembly in Prescott at Bucky's. Online registration closes March 25.
- April 10 CMI business meeting 7:00 at the office.
- April 26 CMI Bingo at the Alano Club from 3:00-7:00.
- May 15-18 Tri-State Roundup. Laughlin.
- June 7 Post-Conference Assembly in Tempe.
- July 3-6 A.A. International Convention in Vancouver.
- August 1-3 Area 03 August Assembly in Yuma.
- August 29-31 Area 03 Convention in Litchfield Park. Payson Roundup.
- October 24-26 Verde Valley Roundup in Camp Verde.
- November 14-16 Area 03 Assembly in Lake Havasu City.

<b>Central Mountain Intergroup</b>		
<b>Treasurer's Report for March 2025</b>		
<b>Group &amp; Individual Contributions:</b>		
One Day at a Time	Sedona	\$25.00
Lunch Bunch	Cottonwood	\$50.00
Freethinkers Living	Cottonwood	\$40.00
Heart to Heart Women's	Cottonwood	\$50.00
Stay For It	Sedona	\$210.00
<b>Total Contributions</b>		<b>\$375.00</b>
Chip sales		\$95.50
Literature Sales:		\$112.00
Reimbursement:	From H & I for literature purchased	\$739.20
Reimbursement: for Riders Ins.	From Glum Lot/One Day at Time	\$100.00
<b>Total Income:</b>		<b>\$1,421.70</b>
<b>Expenses:</b>		
Mark Taylor	March Office Rent	\$500.00
APS	Utilities (1-16 thru 2-14)	\$58.26
CenturyLink	Phone & Internet (2-22 thru 3-21)	\$128.29
USPS	Annual Fee for PO Box	\$192.00
Levitt/Butler Insurance	Annual Building Insurance	\$480.00
Sobrius Photo Printing	Printing of Buzz	\$25.00
Grapevine	3 year Subscription	\$90.00
<b>Total Expenses</b>		<b>\$1,473.55</b>
<b>NET</b>		<b>-\$51.85</b>
<b>Checking as of March 1</b>		<b>\$3,338.62</b>
<b>Transfers (to) or (from) Savings</b>		
<b>Checking as of March 31</b>		<b>\$3,286.77</b>
<b>Savings Acct:</b>		
<b>Beginning Balance</b>		<b>\$9,689.35</b>
<b>Interest to savings</b>		<b>\$0.08</b>
<b>Total in Savings Account</b>		<b>\$9,689.43</b>
Prudent Reserve per By-Laws: \$8,000.00		
<b>Set Aside Accounts (SSA):</b>		
Intergroup Liaison	\$1,591.62	\$408.38
Activities Chair	\$146.55	\$53.45
<b>Total in SSA:</b>	<b>\$1,738.17</b>	
<b>Actual PR Balance:</b>		<b>\$8,000.43</b>
<b>Over/(Under) desired PR after SAA:</b>		<b>\$0.43</b>

**Group Contribution Mailing Addresses:**

General Service Office | P.O. Box 2407, James A Farley Station, N.Y., N.Y. 10116-2407

Area 03 Committee | P.O. Box 13714, Scottsdale, AZ 85267

District 14-141 | P.O. Box 708, Sedona, AZ 86339

Central Mountain Intergroup | P.O. Box 1125, Cottonwood, AZ 86326

CMI H&I Committee | P.O. Box 1168, Cottonwood, AZ 86326