

Verde Valley Buzz



Official Newsletter of the Central Mountain Intergroup
Serving the entire Verde Valley and Northern Arizona
vvaanewsletter@gmail.com

3900 E. Western Drive, Suite C, Cottonwood, AZ 86326
928-646-9428 www.centralmountain.org Open weekdays noon to 4:00

Central Mountain Intergroup provides many services that help make it possible for our groups to function. Volunteers are needed for several service positions. Help AA in the Verde Valley to carry the message. Information is available at the phone # and website above.

July 2024

Step 7: Humbly asked Him to remove our shortcomings.

Tradition 7: Every A.A. group ought to be fully self-supporting, declining outside contributions.

Concept 7: The Charter and Bylaws of the General Service Board are legal instruments, empowering the trustees to manage and conduct world service affairs. The Conference Charter is not a legal document: it relies upon tradition and the A.A. purse for final effectiveness.

Heard in a meeting I was so bad the drug dealers didn't want to see me even when I had money. I was 86'd out of every bar in town. Even the homeless thought I gave them a bad name.

This thing we do is a real M...F...er, until it isn't

If you have a problem someone, try seeing them as God would see them.

The last row in an AA meeting is the shoe section. That's where you'll find the loafers, sneakers, and slippers.

I didn't have a lot of relationships with other people. I had one relationship with a lot of people.

WHATS UP!!!

CMI Birthday Meeting

September 29th, 2024 at 2:00 p.m.
Verde Valley Alano Club, Cottonwood

Cake and Pizza served

Host groups needed!

Melanie A.

928-274-0453

Service Meetings at CMI Office

3900 E. Western Dr. Ste. C
Cottonwood, AZ

District 14-141

meeting on the 2nd Mondays at 7:00

Intergroup

meeting on the 2nd Thursday at 7:00

Name		Sobriety Date	Years	Days
Sue	B	7/15/1983	41	14965
Jack	M	7/7/1988	36	13146
Jeanine	Y	7/5/1990	34	12418
ReeSee	S	7/5/1993	31	11322
Marn	D	7/2/1994	30	10960
Alan	D	7/5/1996	28	10226
Autumn	Z	7/23/2009	15	5460
Chris	M	7/10/2010	14	5108
James	H	7/20/2015	9	2193
Jacob	B	7/3/2019	5	1828
Kevin	L	7/16/2021	3	1084
Tommy	N	7/14/2014	10	3643
Eileen		7/7/2000	24	8763
Carol	P	7/27/1977	47	17144
Jennifer	T	7/10/1990	34	12413
Colin	M	7/7/2023	1	363

Contribution Mailing Addresses:

General Service Office PO Box 2407, James A Farley Station, N.Y., N.Y.
10116-2407

Area 03 Committee P.O. BOX 13714
Scottsdale, AZ 85267

District 14-141 P.O. Box 708 Sedona, AZ 86339

Central Mountain Intergroup P.O. Box 1125, Cottonwood, AZ 86326

CMI H&I Committee PO Box 1168,
Cottonwood, AZ 86326

BIRTHDAYS!!!

—The Buzz is publishing AA Birthdays for each month. If you would like yours to be included, send your 1st name, initial and sobriety date to the email address below.

tanyamariadams@outlook.com

Save the Date. Women's 12 steps in Depth Spring hill Suites Conference room 565 s. 6th Street Cottonwood AZ 8:30 to 3pm \$35 each session covers room venue, sandwiches, fruit, vegetable trays, cookies, workbook, coffee, and water. Limited to 30 spaces. July 6, October 5, 2024 **Camp Verde speaker meeting** Second Saturday in room 205 7:30pm to 9pm. **Round up committee meetings 3rd Wednesday 6:45pm** July 4th Verde Valley Alano Club Fourth of July Potluck 6:30 Live Music, Fireworks, Fellowship, Fun and Food. Bring your favorite dish. Dancing shoes too.

**Central Mountain Intergroup
Business Meeting Minutes
June 2024**
3900 Western Dr., Suite C
Cottonwood, AZ 86326

The meeting was called to order at 7:00 pm by Chris D followed by the Serenity prayer.

Attendees Chris D., Bonita, Tom S., Terri M., Sean B., Rebecca M., Eva C., Emily C., Mike C., Nancy J.

Secretary: Melanie A. not present May 14th minutes were rejected as written.

Treasurer: Nancy J. June report approved as amended to fix the savings account balance

CMI Chair: Nothing to report

Alt CMI Chair: nothing to report

Intergroup liaison: Sean B. reported he has been to the post- conference assembly in Globe. Delegates report hard to follow. Written report online at area03.org. Gsc conference recommendations can be found at aa.org. He attended IGL school and learned there is money in the area 03 budget for workshops. International convention registration opens at Sept 15th. The plain language Big Book has been approved for minor changes.

CPC/PI: Open position

Newsletter (Buzz): not present

Web Servant: website up to date.

Phone Coordinator: not present no report. Monday 6am to 12pm shift is open.

Office Coordinator Nancy J reported that Friday noon to four office shift is available.

Meeting List Coordinator: not present all up to date.

Activities Coordinator: not present

Birthday Meetings: . not present

Old Business: Nancy J looked into making it so office can use zelle. Upon doing so, she found our account was out of date per the signers. Has been fixed. Zelle would create more problems than it would solve. Motion made and seconded and carried to not accept Zelle at this time. There was discussion about contributions being accepted through CMI website. Terri M stated that would also cause a lot of issues and require a lot of maintenance.

New Business Rebecca M. was voted in as new CPI PI chair. Thanks Rebecca

The meeting adjourned at 7:55 pm followed by the Responsibility Declaration.

Thank you for letting me be of service.

Melanie A

Central Mountain Intergroup		
Treasurer's Report for June 2024		
Group & Individual Contributions:		
As Bill Sees It	Sedona	\$50.00
Stay for It	Sedona	\$381.00
FreeThinkers		\$90.00
Together We Can	Cottonwood	\$100.00
Heart To Heart	Cottonwood	\$50.00
Camp Verde AA	Camp Verde	\$100.00
Total Contributions		\$771.00
Chip sales		\$40.00
Literature Sales:		\$756.00
		\$1,567.00
Expenses:		
Mark Taylor	July Office Rent	\$500.00
APS	Utilities (4-16 thru 5-15)	\$51.64
Sean B	Reimb. For Assembly	\$176.06
Allegra Marketing	May/June Buzz & May meeting	\$587.17
Latest Thing	Chips	\$99.36
Total Expenses		\$1,414.23
NET		\$152.77
Checking as of June 1		\$3,186.96
transfers (to) / from savings)		
Checking as of July 1		\$3,339.73
Savings Acct:		
Beginning Balance		\$10,200.16
Interest to savings		\$0.08
Total in Savings Account		\$10,200.24
Prudent Reserve per By-Laws:		\$8,000.00
Set Aside Accounts (SSA):		
Intergroup Liaison	\$1,823.94	\$176.06
Activities Chair	\$146.55	\$53.45
Total in SSA:		\$1,970.49
Actual PR Balance:		\$8,229.75
Over/(Under) desired PR after SAA:		\$229.75