

# Verde Valley Buzz

Official Newsletter of the Central Mountain Intergroup  
Serving the entire Verde Valley and Northern Arizona

vvaanewsletter@gmail.com

3900 E. Western Drive, Suite C, Cottonwood, AZ 86326

928-646-9428 www.centralmountain.org Open weekdays noon to 4:00



September 2023

Step 9: Made direct amends to such people wherever possible, except when to do so would injure them or others.

Tradition 9: A.A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.

Concept 9: Good service leadership at all levels is indispensable for our future functioning and safety. Primary world service leadership, once exercised by the founders, must necessarily be assumed by the trustees.

Central Mountain Intergroup provides many services that help make it possible for our groups to function. Volunteers are needed for several service positions. Help AA in the Verde Valley to carry the message. Information is available at the phone # and website above

## WHATS UP!!!

### CMI Birthday Meeting

Sunday, September 24, 2023 at 3:00 p.m.

Verde Valley Alano Club, Cottonwood

Cake and Pizza served

Host groups needed!

Melanie A. 928-274-0453

### Service Meetings at CMI Office

3900 E. Western Dr. Ste. C

Cottonwood, AZ

### District 14-141

meeting on the 2nd Mondays at 6:30.

### Intergroup

meeting on the 2nd Thursday at 7:00

### Contribution Mailing Addresses:

**General Service Office** PO Box 2407, James A Farley Station, N.Y., N.Y. 10116-2407

**Area 03 Committee** P.O. BOX 5629

Scottsdale, AZ 85261

**District 14-141** P.O. Box 708 Sedona, AZ 86339

**Central Mountain Intergroup** P.O. Box 1125, Cottonwood, AZ 86326

**CMI H&I Committee** PO Box 1168, Cottonwood, AZ 86326

## BIRTHDAYS!!!

—The Buzz is publishing AA Birthdays for each month. If you would like yours to be included, send your 1st name, initial and sobriety date to the email address below.

vvaanewsletter@gmail.com

Name		Sobriety Date	Years	Days
Ron	H	9/10/1976	47	17,166
Amanda	R	9/12/1976	47	17,166
Barbara	W	9/4/1979	44	16,071
Rich	S	9/7/1982	41	14,975
Myrna	D	9/9/1989	34	12,418
Ellen	B	9/10/1996	27	9,861
David	S	9/12/2002	21	7,670
Jordan	B	9/29/2006	17	6,209
Melanie	A	9/9/2013	10	3652
Dustin	C	9/7/2014	9	3287
Chris	L	9/6/2015	8	2922
Shannon	F	9/1/2020	3	1095
Savanna		9/9/2021	2	730
Tanya	A	9/25/2021	2	730

**Central Mountain Intergroup  
Business Meeting Minutes  
August 10, 2023**

3900 Western Dr., Suite C  
Cottonwood, AZ 86326

Meeting was called to order at 7:00 pm by Mike C followed by the Serenity prayer.

**Attendees:** Melanie A., Tom S., Chris D., Mike C., Nancy J., James H., Emily C., Spring G., Terry Mc., Joe D., Maryanne G., Rebecca J.

**Secretary:** Melanie A. read the July meeting notes Tom motioned to accept as read. Emily 2<sup>nd</sup> the motion. carried.

**Treasurer:** See Buzz for specific results. Nancy needed to adjust some invoice amounts. Melanie A. motioned to accept as explained. Mary 2<sup>nd</sup>. Passed with explanation.

**CMI Chair:** Everything is OK.

**Alt CMI Chair:** Open

**Intergroup liaison:** Emily said that because the Sup District hasn't met yet this month nothing new to report yet. Update at our next meeting.

**CPC/PI:** Allen not present. No report

**Newsletter (Buzz):** Tom reports that they are printed and distributed.

**Literature:** Donna not present. No report.

**Web Servant:** Everything up to date.

**Phone Coordinator:** Nancy reports that we need Phone shift coverage for Sunday 6am to Noon.

**Office Coordinator:** Nancy reports that we need office coverage for Tuesday Noon-4 pm, Friday Noon-4pm.

**Meeting List Coordinator:** James reports that they will be ready for pick up on Thursday.

**Activities Coordinator:** Open

**Birthday Meetings:** Melanie reports that the Eye Opener Group out of the Alano Club will host the Sept 23 meeting.

**Old Business:** None

**New Business:** It was announced that a new meeting was started on Fridays at 7 am on the reservation. Flyers were passed out.

**Elections:** Alt Chair, Phone Coordinator, Activities, and Buzz are open. No nominations or people stood for them.

Meeting adjourned at 8:50 pm followed with the Responsibility Declaration.

Central Mountain Intergroup		
Treasurer's Report for August 2023		
Group & Individual Contributions:		
Eye Opener Group	Cottonwood	\$110.50
Chrysalis Women's Group	Sedona	\$67.71
Place Holders Group	Sedona	\$175.00
As Bill Sees It	Sedona	\$20.00
One Day at a Time	Sedona	\$122.50
Cottonwood Step Study	Cottonwood	\$100.00
Stay For It Group	Sedona	\$670.00
Camp Verde Group	Camp Verde	\$536.00
Tues Traditional BB Study	Clarkdale	\$270.00
<b>Total Contributions</b>		<b>\$2,071.71</b>
<b>Chip sales</b>		<b>\$62.00</b>
<b>Literature Sales:</b>		<b>\$339.90</b>
<b>Total Income:</b>		<b>\$2,473.61</b>
Expenses:		
APS	Utilities (6-15-7-17)	\$58.83
Centurylink	Phone/Internet (7-22-8-21)	\$119.42
Walmart	Office Supplies	\$100.65
Allegra Marketing	August meeting list	\$137.32
Allegra Marketing	Buzz Newsletter (August)	\$50.54
APS	Utilities (7-17-8-15)	\$69.86
Mark Taylor	Office Rent (September)	\$500.00
<b>Total Expenses</b>		<b>\$1,036.62</b>
<b>NET</b>		<b>\$1,436.99</b>
<b>Checking as of August 1</b>		<b>\$10,912.85</b>
transfers (to) / from savings)		
<b>Checking as of September 1</b>		<b>\$12,607.56</b>
Savings Acct:		
Beginning Balance		\$10,536.15
Deposits/(withdraws)		
Interest to savings		\$1.34
<b>Total in Savings Account</b>		<b>\$10,537.49</b>
<b>Prudent Reserve per By-Laws:</b>		<b>\$8,000.00</b>
Set Aside Accounts (SSA):		
Intergroup Liaison	\$1,424.12	\$575.88
Activities Chair	\$200.00	\$0.00
Traditions Banquet	\$1,327.00	\$0.00
<b>Total in SSA:</b>	<b>\$2,951.12</b>	
Actual PR Balance:		<b>\$8,000.00</b>
Over/(Under) desired PR after SAA:		

**SAVE THE DATE**

**DELEGATE'S REPORT:** Sunday Oct. 8, 11am Serving Sonora Hotdogs. Bring a side dish. Come hear our Delegate report on what's happening in the wider world of AA.

**VERDE VALLEY ROUND UP:** Fri-Sun Oct 27-29. Jackpot Ranch, Camp Verde. Info at [verdevalleyroundup.org](http://verdevalleyroundup.org)