

# Verde Valley Buzz

Official Newsletter of the Central Mountain Intergroup  
 Serving the entire Verde Valley and Northern Arizona  
[vvaanewsletter@gmail.com](mailto:vvaanewsletter@gmail.com)  
 3900 E. Western Drive, Suite C, Cottonwood, AZ 86326  
 928-646-9428 [www.centralmountain.org](http://www.centralmountain.org) Open week-  
 days noon to 4:00



August 2023

Step 8: Made a list of all persons we had harmed, and became willing to make amends to them all.

Tradition 8: Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers

Concept 8: The trustees are the principal planners and administrators of overall policy and finance. They have custodial oversight of the separately incorporated and constantly active services, exercising this through their ability to elect all the directors of these entities.

Central Mountain Intergroup provides many services that help make it possible for our groups to function. Volunteers are needed for several service positions. Help AA in the Verde Valley to carry the message. Information is available at the phone # and website above.

## WHATS UP!!!

### CMI Birthday Meeting

Sunday, September 24, 2023 at 3:00 p.m.  
 Verde Valley Alano Club, Cottonwood

### Cake and Pizza served

Host groups needed!

Melanie A. 928-274-0453

### Service Meetings at CMI Office

3900 E. Western Dr. Ste. C  
 Cottonwood, AZ

### District 14-141

meeting on the 2nd Mondays at 6:30.

### Intergroup

meeting on the 2nd Thursday at 7:00

### Contribution Mailing Addresses:

**General Service Office** PO Box 2407, James A Far-  
 ley Station, N.Y., N.Y. 10116-2407

**Area 03 Committee** P.O. BOX 5629  
 Scottsdale, AZ 85261

**District 14-141** P.O. Box 708 Sedona, AZ 86339

**Central Mountain Intergroup** P.O. Box 1125,  
 Cottonwood, AZ 86326

**CMI H&I Committee** PO Box 1168,  
 Cottonwood, AZ 86326

## BIRTHDAYS!!!

—The Buzz is publishing AA Birthdays for each month. If you would like yours to be included, send your 1st name, initial and sobriety date to the email address below.

[vvaanewsletter@gmail.com](mailto:vvaanewsletter@gmail.com)

Name		Sobriety Date	Years	Days
Bill	L	8/18/1987	36	13,149
Aron	K	8/20/1988	35	12,783
Larry	L	8/20/1988	35	12,783
Rose	S	8/18/1997	26	9,496
Rene	M	8/28/2008	15	5,478
Grett		8/4/2009	14	5,113
Corey	D	8/6/2009	14	5,113
TomTom	G	8/16/2014	9	3,287
Jade	M	8/25/2017	6	2191
Suzanne	P	8/31/2017	6	2191
Jason	G	8/23/2019	4	1461
Maxine	G	8/29/2019	4	1461
Mario	A	8/10/2020	3	1095
Keith	W	8/1/2022	1	365
Chris	F	8/9/2022	1	365
Amy	L	8/22/2022	1	365

**Central Mountain Intergroup  
Business Meeting Minutes  
July 13, 2023**

3900 Western Dr., Suite C  
Cottonwood, AZ 86326

Meeting was called to order at 7:00 pm by Mike C followed by the Serenity prayer.

**Attendees:** Nancy J, Tom S, Emily C., Mike C., Terry M., Mary G., James H., Melanie A.

**Secretary:** Melanie A. read the June meeting notes Nancy J motioned to accept. Emily 2<sup>nd</sup> the motion. Passed.

**Treasurer:** Nancy J reported. See Buzz for details. Tom motioned to accept as reported. Melanie 2<sup>nd</sup>. Passed.

**Chair:** Mike reported that the CMI Minutes Notebook is now finished and up to date. The note book is kept in the CMI Office.

**Alternate Chair:** OPEN

**Intergroup Liaison:** Emily reported that—

- 1) The Delegates report is October 8<sup>th</sup> at the VV Fairgrounds. There will be a potluck with burgers/hot dogs served. Food at 11 speaker at noon. If you are not able to attend, the full report is available at Area03.org.
- 2) VV Roundup is October 28-30 at Jackpot Ranch, Camp Verde.
- 3) Prescott Shoestring Roundup is July 28-30.
- 4) Payson Roundup August 25-27. Info on website.
- 5) Area 03 Convention September 1-3.at Litchfield Park at the Wigwam Resort. Info at AREA03.org
- 6) Plain Language BB is moving forward.
- 7) Area 03 Assembly is November 10-13. Location TBA.
- 8) Phoenix is still in the running to host the 2035 AA International Convention. The 3 top cities are Phoenix, New Orleans, and Philadelphia.

**Newsletter (Buzz):** Printed and delivered.

**Literature:** Donna not present. As Bill Sees It needs to be ordered.

**CPC/PI:** Allen not present.

**Web Servant:** Terry M reports that the website is up to date.

**Phone Coordinator:** Nancy reports that we need Hotline coverage on Sunday 6am to 12 Noon. This is a critical service to help make sure that those that need information about AA can reach someone. For information call Nancy J at 206-498-0451.

**Meeting List Coordinator:** The list is up to date.

**Activities Coordinator:** No report

**Birthday Meetings:** A Host Group is needed for the September 24, 2023 Birthday Meeting. Contact Melanie A. at 928-274-0453.

**Old Business:** None.

**New Business:** None

**Elections:** Open Positions—Alt Chair, Phone Coordinator, Buzz. No nominations or volunteers.

Meeting adjourned at 8:00 pm followed with the Responsibility Declaration.

Thank you for letting be of service.

Melanie A

Central Mountain Intergroup		
Treasurer's Report for July 2023		
<b>Group &amp; Individual Contributions:</b>		
Sub-District 14-141	Cottonwood	\$45.00
Sedona Acceptance Group	Sedona	\$231.50
Saturday Night Live Group	Sedona	\$100.00
As Bill Sees It	Sedona	\$20.00
Camp Verde Group	Camp Verde	\$305.83
Sedona Men's Solutions	Sedona	\$50.00
<b>Total Contributions</b>		<b>\$752.33</b>
<b>Chip sales</b>		<b>\$30.50</b>
<b>Literature Sales:</b>		<b>\$161.15</b>
<b>Duplicate entry from May</b>	<b>AAWS (literature)</b>	<b>\$28.50</b>
<b>Total Income:</b>		<b>\$972.48</b>
<b>Expenses:</b>		
Dec Adjustments	Eclpst website (annual fee)	\$144.00
Dec Adjustments	AAWS (literature)	\$41.85
June Adjustments	Recovery Mint (chips)	\$184.45
APS	Utilities (5-15 to 6-15)	\$46.99
Allegra Marketing	July Buzz	\$50.54
Mark Taylor	August Office Rent	\$500.00
Kevin O'Malley	Reimb. For Bday meeting	\$164.56
Centurylink	Phone/Internet (6-22 to 7-21)	\$120.09
Eclpst	Domain (annual fee)	\$60.00
Allegra Marketing	Meeting list (reprint)	\$137.32
AAWS Publishing	Literature	\$10.00
<b>Total Expenses</b>		<b>\$1,459.80</b>
<b>NET</b>		<b>-\$487.32</b>
<b>Checking as of July 1</b>		<b>\$11,058.37</b>
transfers (to) / from savings)		
<b>Checking as of August 1</b>		<b>\$10,912.85</b>
<b>Savings Acct:</b>		
Beginning Balance		\$10,534.80
Deposits/(withdraws)		
Interest to savings		\$1.35
<b>Total in Savings Account</b>		<b>\$10,536.15</b>
<b>Prudent Reserve per By-Laws:</b>		<b>\$8,000.00</b>
<b>Set Aside Accounts (SSA):</b>		
Intergroup Liaison	\$1,424.12	\$575.88
Activities Chair	\$200.00	\$0.00
Traditions Banquet	\$1,327.00	\$0.00
<b>Total in SSA:</b>	<b>\$2,951.12</b>	
<b>Actual PR Balance:</b>		<b>\$8,000.00</b>
<b>Over/(Under) desired PR after SAA:</b>		