

Verde Valley Buzz

Official Newsletter of the Central Mountain Intergroup

Serving the entire Verde Valley and Northern Arizona

vvaanewsletter@gmail.com

3900 E. Western Drive, Suite C, Cottonwood, AZ 86326



July 2023

Step 7: Humbly asked Him to remove our shortcomings.

Tradition 7: Every A.A. group ought to be fully self-supporting, declining outside contributions.

Concept 7: The Charter and Bylaws of the General Service Board are legal instruments, empowering the trustees to manage and conduct world service affairs. The Conference Charter is not a legal document; it relies upon tradition and the A.A. purpose for final effectiveness.

Central Mountain Intergroup provides many services that help make it possible for our groups to function. Volunteers are needed for several service positions. Help AA in the Verde Valley to carry the message. Information is available at the phone # and website above.

WHATS UP!!!

CMI Birthday Meeting

Sunday, September 24, 2023 at 3:00 p.m.
Verde Valley Alano Club, Cottonwood

Cake and Pizza served

Host groups needed!

Melanie A. 928-274-0453

Service Meetings at CMI Office

3900 E. Western Dr. Ste. C
Cottonwood, AZ

District 14-141

meeting on the 2nd Mondays at 6:30.

Intergroup

meeting on the 2nd Thursday at 7:00

Contribution Mailing Addresses:

General Service Office PO Box 2407, James A Farley Station, N.Y., N.Y. 10116-2407

Area 03 Committee P.O. BOX 5629
Scottsdale, AZ 85261

District 14-141 P.O. Box 708 Sedona, AZ 86339

Central Mountain Intergroup P.O. Box 1125,
Cottonwood, AZ 86326

CMI H&I Committee PO Box 1168,
Cottonwood, AZ 86326

HAAM

Don't embarrass your Higher Power!

BIRTHDAYS!!!

—The Buzz is publishing AA Birthdays for each month. If you would like yours to be included, send your 1st name , initial and sobriety date to the email address below.

vvaanewsletter@gmail.com

Name		Sobriety Date	Years	Days
Carol	P	7/27/1977	46	16,801
Sue	B	7/15/1983	40	14,610
Jack	M	7/7/1988	35	12,783
Jeanine	Y	7/5/1990	33	12,053
ReeSee	S	7/5/1993	30	10,957
Marn	D	7/2/1994	29	10,592
Alan	D	7/5/1996	27	9,861
Autumn	Z	7/23/2009	14	5,113
Chris	M	7/10/2010	13	4748
James	H	7/20/2015	8	2922
Jacob	B	7/3/2018	5	1826
Kevin	L	7/16/2021	2	730

SAVE THE DATE

VERDE VALLEY ROUNDUP

JACKPOT RANCH CAMP VERDE ARIZONA

OCTOBER 27, 28, 29, 2023

Speakers, Marathon Meetings, Poker Run,
Games, and Food Fun, Family, and Fellowship

Central Mountain Intergroup Business Minutes

June 8, 2023, 7:00pm

Central Mountain Intergroup
3900 Western Dr., Suite C
Cottonwood, AZ 86326

Meeting was called to order at 7 pm by Mike C. Followed by the Serenity prayer.

Present at meeting: Tom S., Nancy J., Mike C., Emily C., Terry M., James H., Melanie A.

Secretary: Melanie read the May 9 Minutes. Nancy moved to accept as read. Emily 2nd. Passed.

Treasurer: Nancy reported. See published Treasurer's report. Tom moved to accept. Melanie 2nd. Passed.

Chair: No report.

Alternate Chair: Open

Intergroup Liaison: Emily reports that the Sub-District meeting hasn't been held yet so nothing new to report yet.

Newsletter (Buzz): Printed and distributed. Thank you Nancy for picking them up.

Literature: Donna not present but Nancy reported that she said Donna will be placing a chip order.

Web Servant: Terry reports that the wigit connected to Area03 and CMI is working again in the web site.

Phone Coordinator: Open. Nancy reports that positions currently filled, but require some follow up. Alternates needed.

Office Coordinator: Nancy reports that we need the Tuesday Noon-4pm shift needs to be covered.

Meeting List Coordinator: James reports that the list has been updated, printed and delivered.

Activities Coordinator: Mary G not present.

Birthday Meetings: Melanie reports that she has met members of the Slogans of Sobriety meeting. They are ready for the June 25 Birthday meeting at the Alano Club.

Old Business: None

New Business: Emily will be attending the Post Conference Assembly which is being held at Lake Havasu via Zoom. The August and November Assemblies will be held in Flagstaff and Phoenix respectively and she will attend those in person. As the cost for attending Assemblies has risen substantially over the years Emily moved to increase the set aside account for the Liaison to \$2000. Melanie 2nd. Passed. The air conditioner that had been used was owned by someone that needed it back. As the landlord is no longer using the office next door (and that is where the controls for the building air conditioner are located), the office gets very hot. A new AC is required or no one will work here. Mike and Emily have looked into pricing one at Home Depot. The estimate is that \$800 will purchase a unit that will be adequate to our needs. Mike has been authorized, as a Trusted Servant, to purchase one for no more than that amount. Emily moved to make the purchase. James seconded. Passed.

Elections: Open positions—Alt Chair. Phone Coordinator. Buzz. No nominations. No one stood for the positions. Meeting adjourned at 8:01 pm followed with the Responsibility Declaration.

Thank you for letting be of service.

Melanie

HAAM

The 12 Steps keep you from committing suicide. The 12 Traditions keep you from committing homicide. The 12 Concepts keep you from committing genocide.

Central Mountain Intergroup		
Treasurer's Report for June 2023		
Group & Individual Contributions:		
Tues.Traditional BB study	Clarkdale	\$110.00
New Beginning	Cornville	\$107.55
Cottonwood Step Group	Cottonwood	\$100.00
Camp Verde Group	Camp Verde	\$370.12
Upon Awakening	Sedona	\$500.00
Bday meeting 50/50	Cottonwood	\$33.00
Jaywalkers	Sedona	\$240.00
Total Contributions		\$1,460.67
Chip sales		\$131.00
Literature Sales:		\$148.80
Total Income:		\$1,740.47
Expenses:		
Emily Conaway	Reimb. for Air cond. office	\$493.23
Allegra Marketing	June Buzz Newsletter	\$50.54
Centruy Link	Phone/Internet (5-22 to 6-21)	\$120.09
APS	Utilities (4-14 to 5-16)	\$51.78
Allegra Marketing	June Meeting List	\$137.32
Mark Taylor	July Office Rent	\$500.00
Emily Conaway	Reimb. for Post Conference	\$30.00
AAWS Publishing	Literature	\$28.20
Total Expenses		\$1,411.16
NET		\$329.31
Checking as of June 1		\$10,833.53
transfers (to) / from savings)		
Checking as of July 1		\$11,058.37
Savings Acct:		
Beginning Balance		\$10,533.51
Deposits/(withdraws)		
Interest to savings		\$1.29
Total in Savings Account		\$10,534.80
Prudent Reserve per By-Laws:		\$8,000.00
Set Aside Accounts (SSA):		
Intergroup Liaison	\$1,424.12	\$575.88
Activities Chair	\$200.00	\$0.00
Traditions Banquet	\$1,327.00	\$0.00
Total in SSA:	\$2,951.12	
Actual PR Balance:		\$8,000.00
Over/(Under) desired PR after SAA:		