

Verde Valley Buzz

Official Newsletter of the Central Mountain Intergroup

Serving the entire Verde Valley and Northern Arizona

vvaanewsletter@gmail.com

3900 E. Western Drive, Suite C, Cottonwood, AZ 86326

928-646-9428 www.centralmountain.org

Open weekdays noon to 4:00



February 2023

Step 2: Came to believe that a Power greater than ourselves could restore us to sanity.

Tradition 2: For our group purpose there is but one ultimate authority—a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.

Concept 2: The General Service Conference of A.A. has become, for nearly every practical purpose, the active voice and the effective conscience of our whole Society in its world affairs.

Central Mountain Intergroup provides many services that help make it possible for our groups to function. Volunteers are needed for several service positions. Help AA in the Verde Valley to carry the message.

WHATS UP!!!

CMI Birthday Meeting

Sunday, March 26, 2023 at 3:00 p.m.
Verde Valley Alano Club, Cottonwood

Cake and Pizza served

Host groups needed!

Melanie A. 928-274-0453

Service Meetings at CMI Office

3900 E. Western Dr. Ste. C
Cottonwood, AZ

District 14-141

meeting on the 2nd Mondays at 6:30.

Intergroup

meeting on the 2nd Thursday at 7:00

BIRTHDAYS!!!

—The Buzz is publishing AA Birthdays for each month. If you would like yours to be included, send your 1st name, initial and sobriety date to the email address below.

—Would you like to receive the VV Buzz in your e-mail? Send your request to:

vvaanewsletter@gmail.com

Name		Sobriety Date	Years	Days
Cruz	S	2/11/2006	17	6209
David	T	2/7/2010	13	4748
Eirk	H	2/23/2010	13	4748
Phil	S	2/20/2011	12	4383
Jennifer	B	2/1/2012	11	4017
Kerrie	A	2/9/2018	5	1826
Lisa	M	2/23/2018	5	1826
Cassandra	A	2/7/2019	4	1461
Chris	M	2/10/2019	4	1461

Contribution Mailing Addresses:

General Service Office PO Box 2407, James A Farley Station, N.Y., N.Y. 10116-2407

Area 03 Committee P.O. BOX 2065
Green Valley, AZ 85622

District 14-141 P.O. Box 708 Sedona, AZ 86339

Central Mountain Intergroup P.O. Box 1125,
Cottonwood, AZ 86326

Central Mountain H&I Committee Temporarily
NA

SAVE THE DATE

1-3 PM Saturday March 25, 2023

Cottonwood Alano Club

District 14-141 is holding a Sponsorship Workshop

Panel Discussion/Q&A

Food will be served

Central Mountain Intergroup Business Minutes
January 12, 2023, 7:00pm
Central Mountain Intergroup
3900 Western Dr., Suite C
Cottonwood, AZ 86326

Meeting was called to order at 7:00 pm by Mike C., Followed by the Serenity prayer.

Present at meeting: Melanie A, Tom S, James H, Emily C, Laura R, Mike C, Nancy J, Allen D, Terry M, Mary G

Secretary: Melanie A read the minutes from the 12\08\2022 Buzz. Motioned to accept as read by Tom S., 2nd by Nancy J. Motion passed.

Treasurer: James H read report 7th Tradition \$887.92. Total Income \$1194.17. Total Expenses \$728.78. Net \$465.39. Dec 1st checking balance \$8520.11. Jan 1st checking \$8829.48 Melanie A. Motion to accept 2nd by Tom S. Motion Passed

Chair: Mike C. reported that we needed to set up a binder for Intergroup Minutes. Tom S. agreed to print all reports from Buzz that he has. Nancy J. and Melanie A. said they would print, insert and organize the binder by February.

Alternate Chair: Open Position

Intergroup Liaison: Emily C reported that she attended the 14-141 meeting. Events:

Area 03 is starting a 1728 virtual meeting. More information to follow. PRAASA Conference March 3-5, 2023 in LA, California, see website for location if planning to attend. Mar 31 - Apr 2 in Tucson, AZ, see website for location if planning to attend.

Gratitude Potluck is planned for April 16th in the Fairground Arts Building, time TBD

Happy Hour Group is hosting a Sponsorship Meeting, date TBD, Sponsored by Sub-District, more to follow.

Round-Up Meeting is held the 3rd Wed of the month. First meeting is February 15, 2023 at the Alano Club, 6:45pm.

Newsletter (Buzz): Tom reported that the Buzz will now be reduced to 2 pages.

Literature: Donna reported that all books are stocked and chips ordered. An inventory needs to be conducted.

Web Servant: Terry M. reported that everything is going well. He met with James H. for training.

Phone Coordinator: Open Position- Needs filled immediately

Meeting List Coordinator: Nancy J. additional phone lists printed and delivered.

Activities Coordinator: Mary G. brought up ideas for a meet and greet visitation. More information to follow.

Birthday Meeting: Melanie A. reported that there were 44 people at the birthday meeting. Great turn out. Sobriety ranging from 3 days to 46 years. Everyone had a lot of fun. Host groups as follows. If your group would like to host a birthday meeting please contact Melanie A. at 928-274-0453. June 25th, 2023-Happy Hour Group, September 24, 2023- Slogans of Sobriety Intergroup elections were held.

Secretary: Open

Treasurer: Open

Chair: Mike C.

Alt. Chair: Open

Intergroup Liaison: Emily C.

CPC\PI: Open

Office Coordinator: Nancy J.

Newsletter (Buzz): Open

Literature: Donna R.

Web Servant: Terry M.

Phone Coordinator: Open

Meeting List Coordinator: Open

Birthday Meeting Coordinator: Melanie A.

Activities Coordinator: Mary G.

New Business: Additional elections held for open positions.

Secretary: Melanie A. Nominated by James H. Emily C. 2nd nomination, passed

Treasurer: Nancy J. volunteered, Mary G. 2nd motion, passed

Alt. Chair: Open

CPC\PI: Allen D. volunteered, Nancy J 2nd motion, passed

Newsletter (Buzz): Open

Phone Coordinator: Open

Meeting List Coordinator: James H. volunteered, Melanie A. 2nd motion, passed Meeting adjourned at 8:05 pm followed with the Responsibility Declaration.

Thank you for letting us be of service.

2023 Central Mountain Intergroups

Central Mountain Intergroup		
Treasurer's Report for January 2023		
Group & Individual Contributions:		
Camp Verde AA	Camp Verde	\$160.61
James Mattia	Sedona	\$30.00
Slogans of Sobriety	Sedona	\$570.00
Together We Can	Cottonwood	\$360.50
Sedona Men's Solution	Sedona	\$134.00
Sedona Jaywalkers	Sedona	\$184.00
The Placeholders Group	Sedona	\$172.89
Stay For it Group	Sedona	\$402.90
Big Book Study	Cottonwood	\$248.00
Sub-District 14-141	Cottonwood	\$45.00
Total Contributions		\$2,307.90
Chip sales		\$94.50
Literature Sales:		\$408.24
Total Income:		\$2,810.64
Expenses:		
Century link	Phone and Internet	\$120.90
Mark Taylor	Rent	\$400.00
James Harris	thday food & suppl	\$54.63
USPS	Stamps	\$60.00
AAWS	Books	\$631.50
APS	Electric	\$51.36
Total Expenses		\$1,318.39
NET		\$1,492.25
Checking as of January 1		\$8,829.48
transfers (to)/from savings		(\$271.87)
Checking as of February 1		\$10,049.86
Savings Acct:		
Beginning Balance		\$10,255.13
Deposits/(withdraws)		\$271.87
Interest to savings		\$1.31
Total in Savings Account		\$10,528.31
Prudent Reserve per By-Laws:		\$8,000.00
Set Aside Accounts (SSA):		
Intergroup Liaison	\$1,000.00	\$0.00
Activities Chair	\$200.00	\$0.00
Traditions Banquet	\$1,327.00	\$0.00
Total in SSA:	\$2,527.00	
Actual PR Balance:		\$8,001.31
Over/(Under) desired PR after SAA:		\$1.31

The CMI annual budget will be published separately in the Intergroup website:

www.centralmountain.org

**A Declaration
OF UNITY**

This we owe to AA's Future;
 To place our common welfare first;
 To keep our fellowship united.
 For on AA unity depend our lives,
 And the lives of those to come.